



“BIG” Initiative Resources

Screening, Brief Intervention, & Referral to
Treatment (SBIRT)

www.EAPBIG.org

Eric Goplerud PhD, goplerud-eric@norc.org
Tracy L. McPherson PhD, esap1234@gmail.com

NIAAA Resources

■ Web-based Training

- **NIAAA Clinician's Guide Online Training Videos (companion guide below)**

<http://www.niaaa.nih.gov/Publications/EducationTrainingMaterials/VideoCases.htm>

■ Guides, Toolkits, and Other Information

- **NIAAA Helping Patients Who Drink Too Much: A Clinician's Guide**

http://pubs.niaaa.nih.gov/publications/Practitioner/CliniciansGuide2005/clinicians_guide.htm and
<http://www.niaaa.nih.gov/Publications/EducationTrainingMaterials/guide.htm>

- **NIAAA's Rethinking Drinking website and booklet**

<http://rethinkingdrinking.niaaa.nih.gov/> and
http://pubs.niaaa.nih.gov/publications/RethinkingDrinking/Rethinking_Drinking.pdf

WHO Resources

- **World Health Organization's AUDIT: Guidelines for Use in Primary Care**
http://whqlibdoc.who.int/hq/2001/WHO_MSD_MSB_01.6a.pdf
- **Brief Intervention for Hazardous and Harmful Drinking: A Manual for Use in Primary Care**
http://whqlibdoc.who.int/hq/2001/WHO_MSD_MSB_01.6b.pdf

EAPA Resources

□ EAPA Learning Center

■ **Implementing Alcohol Screening and Brief Intervention in your EAP** (EAPA 2010 Super Session, archived conference presentation, EACC Domain II - 2.0 CE/PDH, FREE)

- Link from home page: <http://www.softconference.com/eapa>
To get free CEs - login first. If you are not an EAPA member, create an account and login, then view the session.
<http://www.softconference.com/eapa/login.asp> EAPA members, login using your e-mail address as your username and your EAPA member number as your password.
- Direct link to session:
<http://www.softconference.com/eapa/player.asp?PVQ=GKHG&fVQ=FFLMDJ&hVQ=>

EAPA Resources

□ EAPA Learning Center

- **Evidence-based Practices for Addressing At-Risk Drinking** EAPA 2010 archived conference presentation, EACC Domain II- 1.5 CE/PDH, \$39 EAPA members, \$59 non-members
- **New Tools for EAPs to Deliver Higher Levels of Value** EAPA 2009 archived conference presentation, EACC Domain II- 1.5 CE/PDH, \$39 EAPA members, \$59 non-members
- **Alcohol SBIRT in EAP: Integrating Evidence-based Practice** Archived webinar 2010 presented by: Eric Goplerud, Ph.D. and Tracy L. McPherson, PhD. EACC Domain II - 1 PDH /CE, \$39 EAPA members, \$59 non-members
- **Motivational Interviewing in an EA Setting: Preparing People for Behavioral Change** (coming soon, Summer 2011)

NAADAC Resources

- **Alcohol SBIRT in EAP: Integrating Evidence-based Practice Into Your Practice**
 - https://www.myaccucare.com/webinars/2010/12_03_2010_webinar.html

- **EAP and Behavioral Health Professional's Introduction to Screening, Brief Intervention and Treatment for Problem Drinking**
 - https://www.myaccucare.com/webinars/2011/04_14_2011_webinar.html
 - Price: FREE
 - CEs: 2 through NAADAC, PDH application to EACC
 - Target Audience: Employee Assistance Professionals, Certified Employee Assistance Professionals, Addiction Professionals, Social Workers, Licensed Clinical Social Workers, Licensed Professional Counselors and Labor Assistance Professionals
 - Collaborative effort of BIG Initiative, EAPA, EASNA, NAADAC, ASAM, AAAP, CCSW.

Colorado SBIRT & Peer Assistance Services, Inc.

- SBIRT Intake Interview/Pre-Screening -
<http://www.youtube.com/watch?v=JPU-ojCRPJ0>

- SBIRT AUDIT Screening –
<http://www.youtube.com/watch?v=RHcalohcunU>

- SBIRT Brief Intervention Pre-Contemplative Stage, Moderate Risk Client -
<http://www.youtube.com/watch?v=25kE7p0-VOM>

- SBIRT Brief Intervention Contemplative Stage, Moderate Risk Client -
<http://www.youtube.com/watch?v=uzUo3ORZC28>

- SBIRT Brief Intervention for Preparation Stage, High Risk Client -
<http://www.youtube.com/watch?v=SfFF7jcm3tA>

BIG

- **BIG Workplace SBI Toolkit**
http://www.ensuringsolutions.org/solutions/solutions_show.htm?doc_id=450551

- **BIG's Workplace Screening and Brief Intervention: What Employers Can and Should Do About Excessive Alcohol Use**
http://www.ensuringsolutions.org/usr_doc/Workplace_SBI_Report_Final.pdf

- **BIG's EAP and Workplace SBI Resources websites**
http://www.ensuringsolutions.org/resources/resources_show.htm?doc_id=335841&cat_id=988 and
http://www.ensuringsolutions.org/resources/resources_list.htm?cat_id=964

More...

■ Web-based Training

- **American College of Emergency Physicians' (ACEP) Alcohol Screening and Brief Intervention in the Emergency Department** <http://acepeducation.org/sbi/>
- **Brief Negotiated Interview (BNI-ART)** <http://www.ed.bmc.org/sbirt/cases.php>
- **Emergency Department Alcohol Education Project's Screening, Brief Intervention, Referral and Treatment (SBIRT)** <http://www.ed.bmc.org/sbirt/index.htm>
- **AlcoholCME.org** <http://www.medstudentlearning.com/alcoholcme>
- **Colorado SBIRT videos** http://sbirtcolorado.org/healthcare_videosandwebcasts.php
- **Oregon SBIRT** <http://www.sbirtoregon.org/training.php>

More...

■ Guides, Toolkits, and Other Information

- **American College of Emergency Physicians' (ACEP) Brief Negotiated Intervention (BNI) Manual: Screening and Brief Intervention for Unhealthy Alcohol Use in the ED**
http://acepeducation.org/sbi/media/bni_manual.pdf
- **Richard Saitz and Boston Medical Center's Alcohol Clinical Training (ACT)**
<http://www.bu.edu/act/mdalcoholtraining/index.html>
- **American College of Surgeons Committee on Trauma (COT) Alcohol Screening and Brief Intervention (SBI) for Trauma Patients: COT Quick Guide**
<http://www.facs.org/trauma/publications/sbirtguide.pdf>
- **Veterans Affairs HCRC Teaching Guide for Health Care Providers: Reducing Alcohol Use with Brief Intervention**
<http://www.hepatitis.va.gov/vahep?page=prtop03-wp-01-res>
- **CDC's Screening and Brief Intervention for Unhealthy Alcohol Use: A Step-by-Step Implementation Guide for Trauma Centers** <http://www.cdc.gov/InjuryResponse/alcohol-screening/pdf/SBI-Implementation-Guide-a.pdf>

More...

- **Join Together's Screening and Brief Intervention: Making a Public Health Difference**
<http://www.jointogether.org/aboutus/ourpublications/pdf/sbi-report.pdf>
- **Join Together's SBI Resources: AlcoholScreening.Org** and
<http://www.jointogether.org/keyissues/sbi/resources-sbi.html>
- **NHTSA's Screening and Brief Intervention Tool Kit for College and University Campuses**
http://www.friendsdrivesober.org/documents/SBI_College.pdf
- **APHA's Alcohol Screening and Brief Intervention: A Guide for Public Health Practitioners**
http://www.apha.org/NR/rdonlyres/B03B4514-CCBA-47B9-82B0-5FEB4D2DC983/0/SBImanualfinal4_16.pdf
- **IRETA SBIRT website** <http://www.ireta.org/sbirt/links.htm>
- **SAMHSA SBIRT website** <http://store.samhsa.gov/term/Brief-Intervention?aux=reset>

Motivational Interviewing Resources

- **William Miller's Treatment Improvement Protocol (TIPS): Enhancing Motivation for Change in Substance Abuse.**
<http://ncadi.samhsa.gov/govpubs/BKD342/>

- **Motivationalinterview.org Training Resources.**
<http://motivationalinterview.org/training/index.html>

- **Motivational Interviewing.org Library.**
<http://www.motivationalinterview.org/library/index.html>

- **Motivational Interviewing Video Series.**
<http://www.motivationalinterview.org/training/miorderform.pdf>