



**NORTHERN ILLINOIS EMPLOYEE ASSISTANCE  
PROFESSIONALS ASSOCIATION**

PO Box 81673 • Chicago, Illinois 60681-0673 • 312-458-9797

**GENERAL CHAPTER MEETING  
FRIDAY, DECEMBER 5, 2008**

**SCHEDULE:** 8:30 am-9:15 am      Networking  
9:15 am-10:00 am      Business Meeting  
10:00 am-11:30 am      Program

**LOCATION:** Saint Elizabeth Hospital - Campus  
1431 N. Claremont Avenue, Chicago, IL 60622, 773-278-2000  
10<sup>th</sup> Floor – Paisley Room  
*Please see map and driving directions on the reverse side.  
Following the program, there will be a pay-your-own-way  
Luncheon at Coco Restaurant (Modern Puerto Rican Cuisine)  
2723 W. Division Street.. We hope you will join us!*



**HOSTS:** Saints Mary and Elizabeth Medical Center and  
Healthcare Alternative Systems (HAS)

**CHARGE:** *FREE! The \$30 fee is waived for one meeting per year.  
NON-EAPA members are invited to attend this meeting at no charge.  
Be sure to tell your colleagues and others who want to network  
and learn more about what NIEAPA has to offer. Bring a friend!*

**PRESENTER:** Cecelia Quinn, LSW, MA, Therapist  
Postpartum Depression Program, Healthcare Alternative Systems, Inc.

**PROGRAM:** Perinatal Mood Disorders:  
A Training to Increase Awareness & Action

*One in eight women will experience Postpartum Depression following at least one of their birth experiences. This makes Postpartum Depression the number one complication of childbirth. Ms. Quinn will teach other professionals to recognize the risk factors and symptoms associated with Perinatal Mood Disorders.*

*Recent state and federal legislation has passed requiring that healthcare providers who work with pregnant and recently delivered women screen these women for Perinatal Depression using the Edinburgh Postnatal Depression Scale (EPDS) to assist in the early detection of the disorder. A discussion of how to interpret the results and the various treatment options will be included. Chicago area referral recommendations will also be discussed.*

**REMEMBER TO REGISTER FOR “RETHINKING PSYCHOLOGICAL TRAUMA & RESPONSE”**

featuring Carol North, MD, MPE, and Chet Taranowski, PhD, CEAP

Tuesday, November 18 8:30 am – 3:00 pm      Warrenville, IL

Visit [www.NIEAPA.org](http://www.NIEAPA.org) today for brochure and registration details

PDHS and CEUs are available for Social Workers, Professional Counselors, Marriage and Family Therapists, Addiction Counselors, and Human Resources Professionals.

**Directions to Saints Mary and Elizabeth Medical Center  
Saint Elizabeth Hospital - Campus  
1431 N. Claremont Avenue  
Chicago IL 60622  
773-278-2000**

*(Claremont Avenue is one block east of Western Avenue)*

**From the North**

Take the Kennedy south and exit at the Fullerton ramp (2400 north)  
Turn right on Fullerton and travel west to Western Avenue (2400 west)  
Turn left on Western and travel south to the parking (1431 N. Western)

**From the South**

Take the Dan Ryan north through the Chicago Loop  
Exit at the Division Street ramp (1200 north)  
Turn left on Division and proceed west to Western Avenue (2400 west)  
Turn right on Western and proceed north to the parking (1431 N. Western)

**From the West**

Take the Eisenhower east to the Western Ave ramp (2400 west)  
Turn left on Western and travel north to the parking (1431 N. Western)

**PARKING**

Free parking is available in the visitor parking lot located north  
of the Saint Elizabeth Professional Office Plaza, 1431 N. Western.  
Enter on Western Avenue.

**FOR PUBLIC TRANSPORTATION, PLEASE VISIT [WWW.RTACHICAGO.COM](http://WWW.RTACHICAGO.COM)**

