



**NORTHERN ILLINOIS EMPLOYEE ASSISTANCE
PROFESSIONALS ASSOCIATION**

PO Box 81673 • Chicago, Illinois 60681-0673 • 312-458-9797

**GENERAL CHAPTER MEETING
FRIDAY, FEBRUARY 22, 2008**

SCHEDULE:

8:30 am-9:15 am	Networking
9:15 am-10:00 am	Business Meeting
10:00 am-11:30 am	Program

LOCATION:

Timberline Knolls
40 Timberline Drive ♦ Lemont, IL ♦ 877-257-9611
Dining Hall – signs will be posted
Please see driving directions on the reverse side.

CHARGE:

Current EAPA Members	No Charge*
Non-EAPA members	\$30
Full-Time Students & Retirees	\$ 5

PRESENTERS:

Kimberly Dennis, MD, Associate Medical Director, Timberline Knolls

Dr. Dennis also has a private practice with Working Sobriety Chicago. She maintains a holistic perspective in the practice of psychiatry, incorporating biological, psychosocial and spiritual approaches into individually fostered treatment plans to foster healing.

Melissa Rocchi, MAAT, LCP, ATR, Mgr of Expressive Therapies & Art Therapist, Timberline Knolls

Ms. Rocchi is a Licensed Professional Counselor, has held several executive positions in the Illinois Art Therapy Association, and is currently serving as a director on their board. Her professional experience also includes hospice grief and bereavement work, adult and geriatric inpatient, and substance abuse counseling.

PROGRAM: Experience and Strength with Eating Disorder Recovery

This program will introduce Disordered Eating as it applies to the Disease Concept of Addictions and Treatment. Dr. Dennis will provide an overview of related short- and long- term effects and symptoms, the cycle of the disease, bio-psycho-social and spiritual effects as well as approaches that foster recovery and motivation for change. Dr. Dennis will discuss the epidemiology, complex co-occurring disorders, intervention, and defining “success” in Eating Disorder treatment and recovery.

Melissa Rocchi will provide a visual and experiential guide to the use of expressive therapies to demonstrate the powerful and healing role of art and movement in the recovery process. In addition, Dr. Dennis will also discuss early detection, avoiding eating disordered behaviors, and a message of hope to foster understanding and inspire change.

PDHS and CEUs are available for Social Workers, Professional Counselors, Marriage and Family Therapists, Addiction Counselors, and Human Resources Professionals.

**If you are a member of another local EAPA Chapter, we will honor your membership and welcome you as a guest with no charge. It you do not belong to a local EAPA chapter, you will be charged the non-EAPA member fee for attendance.*

Directions to Timberline Knolls, LLC*

**40 Timberline Drive
Lemont, IL 60439
877-257-9611**

From North I – 294S

Merge on to I-55 (Joliet Rd South toward St. Louis)

Exit Lemont Road South. At the bottom of the bridge there is a stoplight make a right hand turn onto Illinois Street. Follow the curve to the stop sign. Turn left on to New Avenue. Continue ½ mile to Timberline Drive and turn left. The facility is about 1 block on the left side of the road. Look for the Timberline Knolls sign and turn left.

From North - Route 83

Continue South on Route 83 about 3 miles south of I-55. You will go over 2 bridges. At the bottom of the last one, look for Main Street (stoplight). Turn right on Main Street which will become New Avenue. Continue through downtown Lemont. When you have passed the train station on your right, drive a ½ mile more to Timberline Drive. Turn left about 1 block on the left side will be Timberline Knolls.

From Route 83/Cal Sag

Continue west on Cal Sag as it turns into Main Street after crossing Route 83/Archer Main Street will turn into New Avenue. After going through the Lemont downtown area go another ½ mile to Timberline Drive. Turn left. The Facility is about 1 block. Look for the Timberline Knolls sign and turn left.

From East to West

123rd Street/ McCarthy. After Harlem 127th Street turns into 123rd Street after LaGrange Road 123rd Street turns into McCarthy Road. Take McCarthy Road/123rd Street to stoplight (Archer and McCarthy/123rd Street intersection). McCarthy/123rd Street will change into Stephen Street. Turn left onto Main Street (just be for Railroad tracks). Continue through downtown Lemont when you have passed the train station on your right drive a ½ mile to Timberline Drive turn left. Facility is about 1 block. Look for the Timberline Knolls sign and turn left.

From the South

143rd Street to Lemont Road /State Road which is a stop sign. (Gas City will be on the S. E. corner). Turn right continue on State/Lemont Road to the 2nd stoplight which is 127th street (there is a Citgo, a Jewel, Lemont Bank and a Walgreen's on the corners) turn left and continue to Timberline Drive turn right. After the residential area the street will start going down hill and curve. The facility is on right side of the road. Look for the Timberline Knolls sign and turn right.

From West to East

Weber Road to 135th Street, make a turn to the east. When the refineries end there is a stoplight (by train tracks) make a left hand turn onto New Avenue. Drive to Timberline Drive turn right. The facility is about 1 block on the left side of the road. Look for the Timberline Knolls Sign and turn right. (If you have gone as far as downtown Lemont you have gone too far.)

From the Marriott in Burr Ridge

Go south on Lemont Road. At the bottom of the bridge there is a stoplight make a right hand turn onto Illinois Street. Follow the curve to the stop sign. Turn left on to New on to New Avenue continue ½ mile to Timberline Drive turn left. The facility is about 1 block on the left side of the road. Look for the Timberline knolls sign and turn left.

*** To access these routes from your starting point, please check Mapquest or your favorite online resource for maps and directions.**