

**NORTHERN ILLINOIS EMPLOYEE ASSISTANCE
PROFESSIONALS ASSOCIATION**

PO Box 81673 • Chicago, Illinois 60681-0673 • 312-458-9797

**GENERAL CHAPTER MEETING
FRIDAY, FEBRUARY 20, 2009**

SCHEDULE: 8:30 am-9:15 am Networking
9:15 am-10:00 am Business Meeting
10:00 am-11:30 am Program

LOCATION: Poplar Creek Country Club
1400 Poplar Creek Drive ♦ Hoffman Estates ♦ 847-884-0219
Please see map and driving directions on the reverse side.
The meeting is being hosted by Alexian Brothers Behavioral Health Hospital.

CHARGE: Current EAPA Members No Charge*
Non-EAPA members \$30
Full-Time Students & Retirees \$ 5

Following the program, there will be a pay-your-own-way luncheon at Macaroni Grill, 2575 W. Higgins Rd., just down the road from Poplar Creek. We hope you will join us!



PRESENTER: *Timothy R. Tumlin, Ph.D.*
Dr. Tumlin is a psychologist whose private clinical practice in the suburbs of Chicago has focused on chronic pain management and other health-related issues for 14 years. He is a graduate of the Department of Clinical and Health Psychology at the University of Florida and is on the allied health staff of two suburban hospitals.

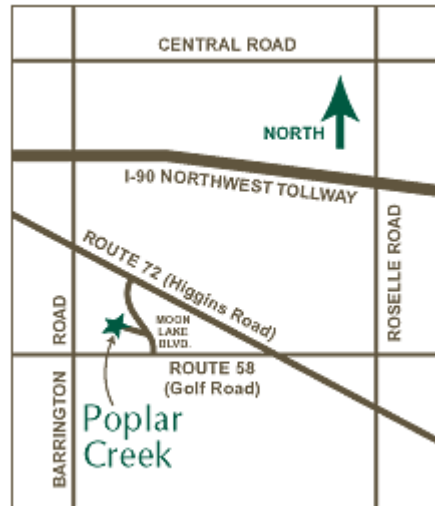
PROGRAM: *It's In Your Head:
The Psychosocial Aspects Of Pain And Related Disability*
This seminar will address the relationship of mind and body, and the shortcomings of the dualistic medical model which is often applied to chronic pain patients. The nature of pain as an expression of both biological and psychological processes will be discussed. These are illustrated by the individual's natural pain management systems as well as their dysfunction.

The seminar will be open for discussion, particularly as to how the biopsychosocial model can be applied by EAP personnel to detect and treat such cases before they become chronic and refractory.

PDHS and CEUs are available for Social Workers, Professional Counselors, Marriage and Family Therapists, Addiction Counselors, and Human Resources Professionals.

**If you are a member of another local EAPA Chapter, we will honor your membership and welcome you as a guest with no charge. It you do not belong to a local EAPA chapter, you will be charged the non-EAPA member fee for attendance.*

Directions to Poplar Creek Country Club
1400 Poplar Creek Drive
Hoffman Estates IL 60169
847-884-0219
www.poplarcreekcc.com



Poplar Creek Country Club is located between Golf and Higgins Roads, east of Barrington Road, just off of Moon Lake Boulevard, in Hoffman Estates, a northwest suburb of Chicago, Illinois.

From the North – Take I-294 south to I-90 west, then exit Barrington Road south and proceed to Route 72 (Higgins Road) east to Moon Lake Blvd. and turn right. Take Moon Lake Blvd. to Poplar Creek Dr., turn right and proceed to clubhouse.

From the South – Take I-355 north which will turn into I-290 west to I-90 west, then exit Barrington Road south and proceed to Route 72 (Higgins Road) east to Moon Lake Blvd. and turn right. Take Moon Lake Blvd. to Poplar Creek Dr., turn right and proceed to clubhouse.

From the East – Take I-90 west to Barrington Road south exit and proceed to Route 72 (Higgins Road) east to Moon Lake Blvd. and turn right. Take Moon Lake Blvd. to Poplar Creek Dr., turn right and proceed to clubhouse.

From the West – Take I-90 east to Route 59 exit. Proceed north to Route 72 (Higgins Road) east to Moon Lake Blvd. and turn right. Take Moon Lake Blvd. to Poplar Creek Dr., turn right and proceed to clubhouse.