



**NORTHERN ILLINOIS EMPLOYEE ASSISTANCE  
PROFESSIONALS ASSOCIATION**

PO Box 81673 • Chicago, Illinois 60681-0673 • 312-458-9797

**GENERAL CHAPTER MEETING  
FRIDAY, DECEMBER 4, 2009**

**SCHEDULE:**

8:30 am - 9:15 am	Networking
9:15 am - 10:00 am	Meeting
10:00 am - 12:00 pm	Program
12:00 pm	Optional Networking Lunch

**LOCATION:** Lieberman Center for Health and Rehabilitation  
9700 Gross Point Road, Skokie, IL 60076  
847-674-7210  
*See driving and parking directions/map on the reverse side.*

**CHARGE:**

Current EAPA members	No Charge
Non-EAPA members	\$30
Unemployed professionals	\$ 5
Full-time students & retirees	\$ 5



*Immediately following the program, there will be an optional networking luncheon (pay-your-own-way) at Zhivago Restaurant, 9925 Gross Point Road, Skokie*

**PRESENTER:** **PAT O'DEA-EVANS, MS, RN, LCPC, CCM, President, Silver Connections**

Silver Connections is a free "coast to coast" elder care referral service. <http://ASilverConnection.com> is dedicated to helping employers of working family caregivers stay focused at work by providing a wide array of consultative services. Pat also works as an RN/discharge planner case manager at Northwest Community Hospital and is an expert on elder care and geriatric care for <http://Paxem.com>, the largest senior move management company in Illinois. She is a volunteer for Melissa Bean on behalf of the U.S. Congress and the Illinois Department on Aging and serves on the Older Adult Services Advisory Board.

**PROGRAM:** **HOW TO HELP ELDERLY PARENTS ACCEPT HELP**

One of the biggest challenges baby boomers face is when mom and dad are becoming frail and can no longer live safely on their own. It is difficult for aging seniors to accept they are unable to maintain living independently at home. This can be frustrating to adult children who are worried about their parents or another elderly relative's safety and well-being.

How to remain positive and be persistent negotiating this challenge will be presented. Help the elderly maintain their dignity while accepting their newly acquired limitations. It is a difficult but important skill to manage. You are sure to find many tips during this seminar on how to help the seniors in your life.

**2.0 PDHs and CEUs are available for Social Workers, Professional Counselors,  
Marriage and Family Therapists, Addiction Counselors, and Human Resources Professionals.**

*\*If you are a member of another local EAPA Chapter, we will honor your membership and welcome you as a guest with no charge.  
If you do not belong to a local EAPA chapter, you will be charged the non-EAPA member fee for attendance.*

**SAVE THE DATE!**

**EAP: NEW VISTAS AND VALUABLE INSIGHTS**

**NIEAPA 32<sup>nd</sup> ANNUAL CONFERENCE – TUESDAY, JUNE 8, 2010  
THE STONEGATE CONFERENCE CENTER, HOFFMAN ESTATES, IL**

**Driving Directions to  
Lieberman Center for Health and Rehabilitation  
9700 Gross Point Road, Skokie, IL 60076  
847-674-7210**

**Parking at**

**North Shore Assembly of God, 9779 Gross Point Road, Skokie, 847-677-0390**

*Due to limited parking at Lieberman, please park at the Church at the corner of  
Grant Street and Gross Point Road, about a block and a half from Lieberman.*

*Please leave 3-4 parking spots open by the Church Annex for their office staff.*

*There will be a CJE shuttle bus to and from the church from 8:00-9:00 am and noon-1:00 pm.*

**From the South**

Merge onto I-94W via the ramp on the left.

Exit at Old Orchard Rd (exit 35)

Turn right onto Old Orchard Rd

Turn right onto US 41S/Skokie Blvd

Turn left onto Golf Rd

Turn left onto Gross Point Rd (You will pass Lieberman Center on your left)

End at 9779 Gross Point Rd – turn right at the Church Parking Lot and board the CJE shuttle

**From the North**

Merge onto US-41S/Edens Expressway toward I-94 E/Chicago

US-41 S/Edens Expressway becomes I-94E/Edens Expressway E.

Exit at Old Orchard Rd (exit 35)

Turn left onto Old Orchard Rd

Turn right onto US-41S/Skokie Blvd

Turn left onto Golf Rd

Turn left onto Gross Point Rd (You will pass Lieberman Center on your left)

End at 9779 Gross Point Rd - turn right into the Church Parking Lot and board the CJE shuttle

