

Cheryl Bristor-Wilson, LCSW, CADC, CEAP is an experienced Licensed Clinical Social Worker with over 25 years of expertise in working with families, children, and employees. Based in Chicago, IL, she currently serves as the Clinical Director for a union-based Employee Assistance Program, where she provides counseling services to employees and their families. In addition, she is the owner of CDB & Associates, a private practice that specializes in training, mediation, and counseling.

Ms. Bristor-Wilson is a graduate of the University of Illinois in Chicago, where she obtained her Master's Degree in Social Work. She also holds Bachelor's Degrees in Psychology and Sociology from Dominican University in River Forest, IL. Her passion for helping people has led her to work in various settings, including as an Adjunct Faculty with City Colleges of Chicago.

Ms. Bristor-Wilson is a sought-after seminar instructor and has presented on a range of topics, including Compassion Fatigue, Stress Management, Financial Management, Working with Difficult People, and Working with Multiple Generations. She has a unique and engaging style of humor in her presentations, which makes her a skilled and knowledgeable trainer.

With her extensive experience and expertise, Ms. Bristor-Wilson has established herself as a respected leader in the field of social work, counseling, and training. Her commitment to improving the lives of others is evident in her work, and she continues to be a valuable resource for individuals and organizations seeking guidance and support.