

Howard Lipke, PhD (St. Louis University, 1976) is a clinical psychologist who began working in the mental health field in 1970, first, briefly, as a nursing assistant at Boston State Hospital. He has been providing psychotherapeutic services, chiefly to combat veterans since 1972. Much of that time he has also taught and trained students and fellow professionals. He is a former director of the residential PTSD treatment program, and later the outpatient PTSD program at what is now the Lovell Federal Health Care Center.

He is the author of the psychology books: *Don't I Have the Right to Be Angry?: The Heart Program for Veterans and Others Who Want to Prevent Destructive Anger* and *EMDR and Psychotherapy Integration*. He co-authored a chapter in Moore and Penk's *Treating PTSD in Military Personnel*, and written articles published in several scientific/professional psychology journals. He is a contributing editor of *StressPoints* the newsletter of International Society for Traumatic Stress Studies newsletter where he co-edits the column *Literature and Trauma*. He is on the editorial board of *The Journal of EMDR Practice and Research*. He is in the process of publishing a book of connected short stories for children and adults aimed at helping them learn to use the lessons of cognitive psychology research to better understand themselves and others.

Dr. Lipke has presented and taught internationally, including invited addresses at the American Psychological Association Annual Convention and the Association for the Study of Mental Imagery Annual Conference. Presentations have also included preparation of therapists to help survivors of the Oklahoma City bombing, the 9/11 World Trade Center attack, and the ongoing crisis in Bangladesh.

Some of his teaching has been related to EMDR. He worked closely with its developer, Dr. Francine Shapiro. She credited him with being a primary reader of the manuscript for her first text, of which he also authored a section. He was also the first person she authorized to independently provide EMDR training.

Dr. Lipke was on the clinical faculty at the Rosalind Franklin University of Health Science from 1977 until 2018. Since retiring from the VA he continues to write and consult, as well as provide some direct service to veterans and training to their psychotherapists. He has a small parttime private practice at the Core Psychotherapy Center.

Dr. Lipke has been married for fifty years. He has two children and two grandchildren.

Papers for psychotherapists and the general public on combat veterans and their families, EMDR, and psychotherapy in general, including clinically useful materials, are available at his web site HowardLipke.com